



Hi, I'm your Complete Body Test.

food & inhalant allergy 40 items
+ food intolerance 80 items



Allergy

Fish: Cod, Salmon, Crab, Shrimp.

Meat: Meat.

Poultry: Egg White Fruit: Orange, Strawberry, Apple, Peach.

Vegetables: Potato, Carrot, Tomato.

Beans: Soy. Nuts & Seeds: Peanut, Hazelnut, Almond.

Dairy: Milk.

Grains: Rice, Wheat.

Plants & Pollens: Birch, Cypress, Ash, Hazelnut, Olive, Timothy Grass, Bermuda/Couch Grass, Bahia Grass, Ragweed, Mugwort, English Plantain.

Animals: Cat Hair, Horse Hair, Dog Hair, Cockroach.

Misc: House Dust Mites, Cladosporium Herbarum.

Intolerance

Fish: Salmon, Cod, Plaice, Squid, Blue Mussel, Octopus, Tuna, Trout, Pollock, Herring, Oyster, Shrimp.

Meat: Pork, Beef, Lamb.

Poultry: Egg White, Egg Yolk, Duck, Chicken, Turkey.

Fruit: Apple, Orange, Grape, Peach, Mango, Banana, Kiwi Fruit, Lemon, Strawberry, Pineapple.

Vegetables: Carrot, Broccoli, Garlic, Cabbage, Celery, Potato, Onion, Zucchini (Courgettes), Ginger, Button Mushroom, Green Olives, Tomato, Cucumber.

Beans: Soy, Green Beans, Green Peas, Lentil, Sweet Lupine.

Nuts & Seeds: Sesame, Almond, Hazelnut, Peanut, Walnut, Pistachio, Cashew, Sunflower, Pumpkin.

Dairy: Cheese (Gouda), Cow's Milk, Sheep's Milk, Goat's Milk, Casein.

Herbs & Spices: Sweet Basil.

Grains: Wheat, Oat, Spelt, Amaranth, Maize, Rye, Buckwheat, Barley, Durum Wheat, Millet, Quinoa.

Misc: Gluten, Baker's Yeast, Mustard, Coffee, Cacao.
